

2009

Regional Postgraduate Course



Williamsburg

12
CME
credits!

September 11-13, 2009

The Williamsburg Lodge
Williamsburg, Virginia



Course Directors

Pramod Malik, MD • Cynthia Taylor, CGRN

Course Co-Directors

Ralph Wisniewski, MD • Gail Decosta, RN, CGRN

The past, present and future meet in Williamsburg

The ACG Regional Postgraduate Course
and the VGS Annual Meeting/
ODSGNA Annual Meeting

September 11-13, 2009
Williamsburg, Virginia



HEAR INTERNATIONALLY KNOWN EXPERTS provide the latest clinical updates and learn how to incorporate the newest findings into patient care when you attend the ACG/VGS/ODSGNA Williamsburg Course, September 12 and 13 at the Williamsburg Lodge in Williamsburg, Virginia. Learn practical tips on such topics as: improving detection of dysplasia in Barrett's esophagus with tools you already have, incorporating various techniques in managing flat or depressed colonic lesions, and understanding why we miss colon cancer and what we can do to minimize this outcome. Experts will also discuss *C. difficile* colitis and will review ways to prevent and manage recurrent disease. Get the skinny on the current strategies in managing IBD, while avoiding common errors in management. Learn take-home tips on dealing with issues affecting your practice while effectively managing the broadening scope of your practice.

New this year! On Saturday evening, enjoy an interactive session with the Virginia Masters of Gastroenterology as they field questions and challenging clinical vignettes from the audience. We encourage you to present a case. If you have one to share, please contact the Course Directors by email: Dr. Pramod Malik at pramodmalik@hotmail.com or Dr. Ralph Wisniewski at r.wisniewski@gastrocentralva.com.

Bring your family to explore Colonial Williamsburg, just steps from the Williamsburg Lodge. Colonial Williamsburg offers more than 500 restored and reconstructed buildings set on over 300 acres. Step back in time and learn about early America. The Williamsburg Lodge, newly renovated in 2007, is one of the National Trust for Historic Preservation Historic Hotels of America. You can learn more about what there is to do and see in the Williamsburg area at www.history.org.

REGISTER TODAY!

Online: www.acg.gi.org/meetings

Fax: 301-263-9025

Mail: American College of Gastroenterology
6400 Goldsboro Road, Suite 450, Bethesda, MD 20817



Educational Agenda

Friday, September 11

6:00-8:00 pm Registration

Saturday, September 12

7:00 am Course Registration and Continental Breakfast

7:55 am **Welcoming Remarks**

Pramod Malik, MD

Session 1 **General Gastroenterology**

Moderator: David H. Balaban, MD, FACP

8:00 am **Fellows Presentation – MCV/VCU**

Mitchell L. Schubert, MD, FACP

8:30 am **C. difficile Colitis – How to Recognize, Treat and Prevent Recurrence**

Christina M. Surawicz, MD, MACG

9:00 am **Acute Pancreatitis – Update on Guidelines**

Martin L. Freeman, MD, FACP

9:30 am **Panel Discussion**

9:45 am **Break/Visit Exhibits**

Session 2 **Endoscopy**

Moderator: Michel Kahaleh, MD, FACP

10:15 am **Colonoscopy – Find and Manage the Flat Lesions: Practical Tips from a Master**

Roy M. Soetikno, MD

10:45 am **Endoscopy in the Post-Surgical Stomach**

Christopher C. Thompson, MD, FACP

11:15 am **Barrett's Esophagus – Manage it Better: Practical Tips from an Expert**

Prateek Sharma, MD, FACP

11:45 am **GI Bleeding – Practical Tips for Endoscopic Management**

John R. Saltzman, MD, FACP

12:15 pm **Panel Discussion**

12:30 pm **Luncheon Presentation – Secrets of Missed Colon Cancer**

Roy M. Soetikno, MD

Program Description

The field of gastroenterology continues to experience an introduction of new and novel diagnostic techniques and therapeutic options affecting numerous areas of GI disease management and patient care. The program is designed to explore those areas which the gastroenterologist often faces in clinical practice and will address diagnostic and therapeutic updates. Case-based discussions with the expert faculty will occur allowing the participants to gain practical application of key learning points. Topics covered in the program are recognizing and treating *C. difficile*, update on acute pancreatitis, finding and managing flat lesions found during colonoscopy, endoscopy in the post-surgical stomach, Barrett's esophagus, practical tips for GI bleeding, secrets of missed colon cancers, asymptomatic liver abnormality, diagnosis and management of ascites, management of the hospitalized liver patient, endoscopic complications, the state of GI practice in Virginia, additional revenue streams, benchmarking of endoscopic procedures and practice, practical tips for the functional GI patient, practical proctology, and updates on IBD. This program is designed for gastroenterologists, primary care physicians, nurses, physician assistants and nurse practitioners interested in the latest information on diagnostic GI and state of the art treatment of these illnesses.

Program Objectives

Upon completion of this course, participants will:

- Evaluate *C. difficile* management implications with a special emphasis on prevention and management of recurrent disease.
- Describe peculiar aspects of endoscopy in patients who have undergone stomach surgery and managing complications of bariatric surgery.
- Detect and manage flat lesions during colonoscopy.
- Assess the current understanding of the management of acute pancreatitis.
- Determine clinical strategies in managing Barrett's esophagus and improve detection of dysplasia using conventional endoscopic techniques.
- Apply current diagnostic methods and treatment options for patients with GI bleeding.
- Identify reasons for missed colon cancers and minimize this outcome in your practice.
- Describe a pragmatic approach in management of asymptomatic patients with liver abnormalities.
- Differentiate the current therapeutic alternatives for the diagnosis and management of ascites.
- Determine management options for liver patients hospitalized with bleeding, renal failure or encephalopathy.
- Correctly identify and treat anal diseases seen in GI practice.

1:30 pm – 3:30 pm Nurses Sessions

- 1:30 pm **Reprocessing Flexible GI Endoscopes: Practice and Principles**
Nancy Schlossberg, BSN, RN, CGRN
- 2:30 pm **BRAVO™ pH Capsule: A Brief Overview**
Susan Mitchell, RN, CGRN
- 3:00 pm **Common Foot Problems of the Medical Professional**
Jonathan Brantley, MD

Session 3 Liver*Moderator: Michael J. Ryan, MD*

- 1:30 pm **Asymptomatic Liver Abnormality – A Pragmatic Clinical Approach**
Vinod K. Rustgi, MD, FACG
- 2:00 pm **Ascites – Diagnostic and Management Pearls**
Douglas M. Heuman, MD, FACG
- 2:30 pm **Management of the Hospitalized Liver Patient**
Carl L. Berg, MD
- 3:00 pm **Panel Discussion**
- 3:15 pm **Break/Visit Exhibits**

Session 4 General Gastroenterology*Moderator: Pramod Malik, MD*

- 3:45 pm **Endoscopy Complication! Now What Do I Do?**
Gregory G. Ginsberg, MD, FACG
- 4:15 pm **The Past, Present and Future of GI Practice in Virginia**
Alvin M. Zfass, MD, MACG
- 4:45 pm **Panel Discussion**
- 5:00 pm **Adjourn**
- 6:00 pm **Reception for all attendees**
- 6:30 pm **Vignettes with Virginia GI Professors – An Evening with Local Masters**
David A. Johnson, MD, FACG
David A. Peura, MD, MACG
Alvin Zfass, MD, MACG

- Define the current state of the practice of gastroenterology in Virginia and what to expect in the future.
- Describe and avoid common mistakes made in the management of IBD patients.
- Review interesting and practical situations in clinical practice with a focus on interactive exchange of clinical ideas.
- Examine available strategies to increase practice revenue.
- Discuss methods for effectively benchmarking endoscopic practice and procedures and understand its importance in your practice.
- Incorporate practical tips for the assessment and management of functional GI patients.
- Identify management options for perforation, bleeding and other complications that arise during endoscopy with a focus on reducing malpractice risk.
- Apply the latest recommendations for the management of IBD.

Accreditation/CME

The American College of Gastroenterology is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians. The American College of Gastroenterology designates this educational activity for a maximum of 12 *AMA PRA Category 1 Credits™*. Each physician should claim credit commensurate with the extent of their participation in the activity.

Nursing Credits

Application for contact hours has been made through the Society of Gastroenterology Nurses and Associates, Inc., which is accredited as an approver of continuing education in nursing by the American Nurses Credentialing Center Commission on Accreditation.

Registration

This registration fee includes a course syllabus and some meals. All registrants must pay for the full registration fee; one-day registration or other partial registration is not available. Full refund of registration fees will be given if written notice or cancellation is received by ACG in writing by August 31, 2009. No refunds will be given for cancellations received after this date. Attendees may register by submitting the enclosed registration form with payment in U.S. funds to the College headquarters by mail, fax or online: American College of Gastroenterology, 6400 Goldsboro Road, Suite 450, Bethesda, MD 20817; fax 301-263-9025; www.acg.gi.org/meetings.

Sunday, September 13

- 7:00 am **VGS Business Meeting**
ODSGNA Business Meeting
- 8:00 am **Announcements/Remarks**
Ralph Wisniewski, MD
Fred Duckworth, MD, VGS President
Daniel J. Pambianco, MD, FACP, ACG Governor
- Session 5 Practice Management**
Moderator: Daniel J. Pambianco, MD, FACP
- 8:15 am **Fellows Presentation – University of Virginia**
Patrick Northup, MD
- 8:45 am **Additional Revenue Streams in Your Practice**
Michael L. Weinstein, MD
- 9:15 am **Benchmarking of Endoscopic Procedures and Practice**
Thomas L. Deas, MD, FACP
- 9:45 am **Panel Discussion**
- 10:00 am **Break/Visit Exhibits**
- Session 6 IBD/Colitis**
Moderator: Stephen J. Bickston, MD
- 10:30 am **Functional GI Patient – Practical Tips for a Non-Academician**
Douglas L. Drossman, MD, MACG
- 11:00 am **Practical Proctology for the Gastroenterologist**
Herand Abcarian, MD
- 11:30 am **IBD Updates – Things You Need to Know**
Scott Plevy, MD
- 12:00 noon **IBD – Common Errors in Management**
David B. Sachar, MD, MACG
- 12:30 pm **Panel Discussion**
- 12:45 pm **Adjourn**

Accommodations

Rooms are available at the Williamsburg Lodge and at the Woodlands Hotel and Suites. Reservations for either hotel can be made by calling 1-800-261-9530. Special group rates at the Williamsburg Lodge are \$218 single/double and \$178 single. Special group rates at the Woodlands Hotel and Suites are \$135 double. An additional \$2 per day occupancy tax will also apply to either hotel. **Reservations must be made by August 20, 2009.** Requests for reservations received after this date will be on a space available basis only. All reservations must be accompanied by a first night's room deposit for room and tax (10%). Individual deposits are refundable, provided notice of cancellation is received by the hotel at least 3 days prior to arrival. Reservations may be charged to Discover, Visa, MasterCard, American Express, and Diner's Club. Credit card deposits are charged at the time the reservation is made. The Williamsburg Lodge is located at 310 South England Street and is directly adjacent to the Colonial Williamsburg Historic Area. The Woodlands Hotel and Suites is conveniently located at the Visitor Center for Colonial Williamsburg at 105 Visitor Center Drive. Please note there will be no shuttle service this year between the Woodlands Hotel and the Williamsburg Lodge.

Area Attractions

The more than 500 buildings of Colonial Williamsburg are just steps from The Williamsburg Lodge. You'll also find more than 40 boutiques within walking distance. Guests of The Lodge enjoy a variety of perks while staying there: substantial discounts on admission passes to Colonial Williamsburg's Historic Area, preferred reservations for dining at Colonial Williamsburg taverns and restaurants, court time at the resort tennis club and tee times at the Golden Horseshoe Golf Club. The Golden Horseshoe Golf Club, designed by Robert Trent Jones Sr. and Rees Jones, features three golf courses with a total of 45 holes of golf.

More Information

For more information about the meeting, call ACG at 301-263-9000. For more information about the Williamsburg Lodge or Colonial Williamsburg, visit www.ColonialWilliamsburg.com.

ADA Compliance: Attendees of this ACG Regional Postgraduate Course who need additional reasonable accommodations or who have special needs should contact the ACG office at 301-263-9000 no later than August 31.

Faculty



Course Directors

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This Regional Postgraduate Course is sponsored by the American College of Gastroenterology, the Virginia Gastroenterological Society, and the Old Dominion Society of Gastroenterology Nurses and Associates.

Registration Form

ACG Regional Postgraduate Course
VGS Annual Meeting/ODSGNA Annual Meeting

September 11-13, 2009

Williamsburg Lodge
Williamsburg, Virginia

Participant Information

Please print or type information as you would like it to appear on your name badge.

Name _____

Circle all that apply: MD DO PhD RN NP LPN PA PharmD Other

Address _____

City _____

State _____ Zip _____

Telephone _____ Fax _____

Email _____

Attendees who have special dietary needs should email (info@acg.gi.org) or call the ACG office at 301-263-9000 no later than August 31.

Payment Information

Registration Fees (please select one):

- | | |
|--|---|
| <input type="checkbox"/> \$150 ACG/VGS Physician Member/Fellow | <input type="checkbox"/> \$100 Old Dominion SGNA Member |
| <input type="checkbox"/> \$225 Non-Member Physician/Guest | <input type="checkbox"/> \$125 GI Nurses and Associates |
| <input type="checkbox"/> \$100 ACG Allied Health Member | <input type="checkbox"/> \$100 ACG GI Fellows/ACG Residents |

Payment Type:

- Check payable to ACG is enclosed Credit Card
- Visa MasterCard AmEx

Cardholder Name _____

Card Number _____ Security Code _____

Exp. Date _____ Today's Date _____

Signature _____

**Return completed registration form with payment
in U.S. funds to the ACG headquarters by mail or fax.**

**Mail: American College of Gastroenterology
6400 Goldsboro Road, Suite 450, Bethesda, MD 20817**

Fax: 301-263-9025

Or register online at www.acg.gi.org/meetings

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